

I Fill My Days With Worthwhile Pursuits

I Get Younger Every Day!

My Home Is Streamlined & Inspired

I am a Successful Writer

I Have Plenty of Money

I Am Free and Disciplined. Every Day I Choose To:

Wake up at 5 AM to go running & do yoga



Write from 6 AM to 8 AM



Update My Blog



Continue Eating 90% Raw Food



Keep a Daily Expense Journal



Read Inspiration Before Sleeping



I Am Radically Myself. Every Week I Choose To:

Practice 3 times for at least 30 min:

Piano



Guitar



Make serious headway on Spring Yard Sale



Attend Dave Ramsey's 15-wk Seminar



Do the laundry



Read/Study Financial Freedom



Attend Power-90



Keep up with all homework



Meet with my guru



Attend a Writer's Group



Do a Choice Process



Plan degree completion



Pow Wow! with Hannah



Keep the house clean



Call or Write my Mother



Notice Abundance



Fill out scholarship applications



Attend all classes



Work on summer semester plans



Buddy Calls



Reach out to someone in my rotation



Study Novel/Memoir Writing/Publishing

Week of _____ to _____, 2012

This Week's Rating: _____ %